



ForReal Food and Catering Services



ForReal Food = putting home back into our dish

ForReal Food = health, love and fun in every dish we create

ForReal Food = garden/ farm to table concept

ForReal Food = healing by appreciating our indigenous ingredients

ForReal Food = uniquely designed experience catering for your needs

ForReal Food = the whole chef and service experience

ForReal Food = being part of the community, being part of nature and the broader ecosystem.

ForReal Food is a guaranteed, passion driven, farm fresh, healthy and unique cooking and catering experience.

Nonhlanhla Godole is a self-made, certified chef and runs the ForReal Food and catering services. She offers healthy, local, organic and affordable cuisine.

All our services are uniquely designed to cater for your needs and occasions – from small groups to large events. Once you reach out to us, we take the time to understand what exactly you are looking for and how our food can best complement your occasion. Based on this conversation we will design individual menu options for you. We appreciate all individual dietary requests and gladly cater for them.

Our service provides you with the whole package – Noni personally designs and prepares the food, ensures timely delivery, set-up and presentation as well as cleaning and collecting again.

Additional to these more traditional catering services, ForReal also offers live, on-site cooking, cooking classes, organic food conversations and educational inputs. If you have something else in mind, just reach out!

ForReal Food is part of the bigger ForReal approach, which means we work closely together with ForReal facilitators and with the community, especially Mme Refiloe from the Bertrams community garden. We offer a holistic experience suited for your needs, including unique venue selections as well as facilitation services and of course the catering all in one. True to the ForReal philosophy, it also provides learning and job opportunities for young people.

Reach out and get a taste!

www.forreal.org.za

info@forreal.org.za